

## Using the Parent Workbook in 1:1 Sessions with Families



Edwin Lawrence is a speech-language pathologist and director of Speech Therapy Answers in Malaysia. Read about how Edwin and his team are using the ITTT Parent Workbook during home visits with families:

We, at Speech Therapy Answers, provide speech and language pathology assessment and intervention services at our clients' homes. After the initial assessment is completed and goals are identified, we start our intervention. We most often use a few *It Takes Two to Talk* resources with families, including the parent guidebook, companion DVD and parent workbook.

I use the ITTT Workbook with most of our parents. It's well structured and follows my personal therapeutic protocol well. The workbook is set up in a way that is both simple and technical – depending on your background. As an SLP, it is theoretically sound and I can see how it was developed from a theoretical perspective. I tend to use the workbook in a progressive manner with families. However, in some situations, we need to jump ahead to a more relevant section in the workbook, like the section on 'play' or 'books', especially if the child has received speech therapy in the past.

The workbook makes the parent guidebook more tangible and provides easy reference to new concepts and strategies for parents. It provides the parent with clear goals and shows them what to do to support these goals during interactions with their child within simple, everyday situations. As a clinician, I find the workbook helpful because I have something tangible to refer to when I provide a demonstration or explanation to parents.

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I would highly recommend this resource to SLPs working with parents using a child-centred approach to improve children's language, communication, literacy and cognitive skills. I would urge SLPs to consider incorporating the workbook into their current intervention when using the *It Takes Two to Talk* Guidebook and DVD.