◆ Say Less: Use short, simple sentences when you talk to your child. She can't take in a lot of information all at once. When you say less, it's easier for her to understand and remember the words you use. It's also easier for her to imitate a word when it is highlighted in a very short sentence.

Sofía, you have to put your shoes on because it's time to go and get Timo from school.



Dad's one sentence has 18 words — too much information for Sofía to understand.

◆ Stress: Make important words stand out. For example, in the sentence "This tea is very hot," the most important words are tea and hot. Stressing these words gets your child's attention and helps her understand and learn them. It also makes it easier for her to try to say them. To put stress on words, use lots of animation in your voice, say the words a little louder or change your tone of voice.

Shoes on. Put shoes on. We're going to school. Going to get Timo.



Short, simple sentences make it much easier for Sofía to understand what her dad is saying.



Megan's Mom stresses the important words to make them stand out.